TECH CORNER

Have questions? Your guidance counsellors are still available to help you! Get in touch with us through email!

C. Zaghikian (A-CHE):

Christine.zaghikian@tdsb.on.ca

B. Panagopoulos (CHH-H): Bill.panagopoulos@tdsb.on.ca

D. Low (I-Le)
Darren.low@tdsb.on.ca

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D. Lawrence (T-Z)
Douglas.lawrence@tdsb.on.ca
CLICK







CLICK on the icons above to follow us on social media \odot

LEARNING AT HOME...

If you are in need of a device to help with remote learning, then the TDSB is here to help! Fill out the form <u>here</u> to request a device.

EVENT OPPORTUNITES

VIRTUAL TOURS: THE CANADIAN STUDENT GUIDE FOR VIEWING SCHOOLS DURING COVID-19

Need help deciding where to go for college/university next year? Take a virtual tour! Here's the link:

https://blog.studentlifenetwork.com/2020/03/25/virtual-tours-campus-student-guide/

GUIDANCE NEWS

MAY 4TH - MAY 8TH 2020

PROGRAM OPPORTUNITES

UNITY 10-WEEKS ONLINE WORKSHOP

A new 10-week series of free online-workshops for youth led by Unity. The courses will teach Hip Hop art forms (Spoken Word, Emceeing, DJing, Street Dance, Breaking, and Beatboxing), all through the lens of mental wellness and resilience.



Download the full schedule with Zoom links by clicking the image above!

SUMMER OPPORTUNITES

TDSB ELearning Summer School

Registration for TDSB ELearning Summer School has started! If you want to take a course, you can register here:

https://schoolweb.tdsb.on.ca/elearning/e-Summer-School

Contact your guidance counsellor if you have any questions!

AWARDS & SCHOLARSHIP INFORMATION

GRADUATE AWARDS

The deadline for the Earl Haig graduate awards has been extended to May 15. Check out our guidance site at http://www.earlhaig.ca/guidance for more information or to apply. if you have any questions, please contact Mr. Low at darren.low@tdsb.on.ca

The Jean Lumb

The Jean Lumb awards are presented to students of Chinese heritage who have achieved excellence in Academics, Athletics, the Arts, Community Services, Defence of the Environment, Dignity of Life, and Innovation. To apply, or for more information, visit:

www.jeanlumbfoundation.ca.

Deadline: May 18, 2020

The Rotary Club of Toronto's scholarship

The Rotary Club of Toronto's scholarship opportunity for students. Due date for students to apply is **June 1**, **2020**. To Apply, or for more information, please contact Mr. Low at Darren.low@tdsb.on.ca

- Visit website for more information: www.forum.ca
- If you have questions you can also contact: lberg@forum.ca or 613-233-4086 ext. 1

Scholarships Made Simple. ScholarTree is the #1 place to Find Scholarships or Start a Scholarship in Canada! Check out http://www.scholartree.ca for an easy-touse scholarship database. The majority of scholarships will be awarded over the next 2 months so apply soon

MENTAL HEALTH SERVICES

At this time it is important to check in on each other, it is great to send a DM, send a snap, or post a pic, but sometimes you need to make sure hear their voice. We know you are on your gadgets more than ever, so here are some sites that can assist you to support a friend in need.

https://bethere.org/Home

https://mindyourmind.ca/

http://teenmentalhealth.org/toolbox/

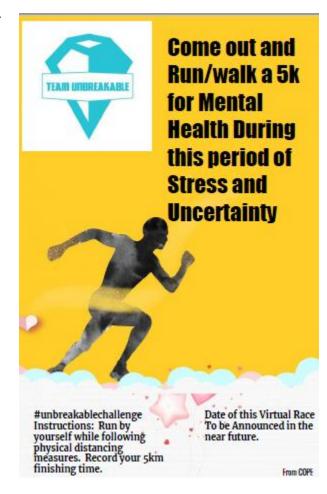
https://www.stressedteens.com/covid-19-tool-kit

Kids Help Phone.caCall: 1-800-668-6868

Text: CONNECT to 686868



COVID-19 Youth Mental Health Resource Hub https://jack.org/covid



PROGRAM OPPORTUNITES



NEW TO CANADA? IN HIGH SCHOOL? THINKING ABOUT A FUTURE CAREER?

Newcomer Youth: Connections for Success (NYCS) is the program for you!

- Online workshops
- Explore possible career directions
- Learn about colleges and universities in Canada
- Understand educational financial planning options
- Gain valuable workplace skills
- Access volunteer opportunities related to potential careers
- Connect with mentors
- Meet new friends and grow your social circle

Joining NYCS is easy! Contact michal.slabodnik@jvstoronto.org



www.jvstoronto.org







NEWCOMER YOUTH MPLOYMENT WORKSHOPS

NYCS: Newcomer Youth Connections for Success



Career Exploration

Are you confused about your future? Not sure what career to pursue and what to study in post-secondary school? Don't know much about career options in Canada? Do not worry! Join our interactive workshop (in 2 sessions) led by a Career Expert with coaching and free personality and interests test . You will come out of this workshops more assured and confident about your career path!

Open to youth ages 14 to 18 with a permanent residents card or convention refugees. A computer and internet access are required. Link and instructions provided upon registration.

To register, email michal.slabodnik@jvstoronto.org or Yahav.Barnea@jvstoronto.org www.jvstoronto.org/workshop-calendar





Immigration, Refugees Immigration, Réfugiés and Citizenship Canada et Citoyenneté Canada



Interested in this program? Please send an email to michal.slabodnik@jvstoronto.org